



Instructions for Core Breast Biopsy

- 1. Avoid aspirin, Advil (ibuprofen), Aleve (naproxen), or nonsteroidal anti-inflammatory drugs for one week prior to the biopsy.**
- 2. Arrive at 30 minutes prior to your appointment to complete necessary paperwork.**
- 3. It is unnecessary to fast the morning of your biopsy.**
- 4. Make up, deodorant and other hygienic measures will not interfere with the biopsy.**
- 5. The total appointment time including pre-and post-biopsy counseling and paperwork will require 1 to 2 hours.**
- 6. You may return to work or other activities the day of your biopsy provided these activities do not require heavy lifting or strenuous athletic sports.**
- 7. You may bring a headphones and a music player with you to be played during the procedure.**
- 8. For your comfort you should wear a top that has a zipper or a button closure for easy access.**
- 9. Please bring or wear a bra (preferably a sports bra) for after the procedure.**
- 10. We recommend patients have themselves driven home after the procedure.**